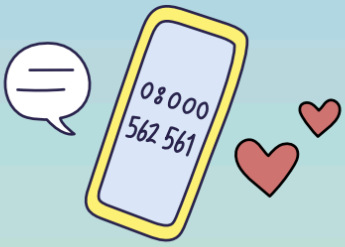
Education Support

We're Education Support, the only UK charity focused on the mental health and wellbeing of teachers and everyone working in education.

That's why we provide you and your colleagues with a wide range of services, information and events to help you feel energised, inspired and informed.

What we do:

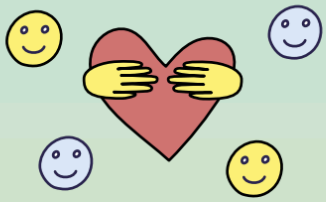


Helpline

Call us to talk to a qualified counsellor. We'll offer you immediate, confidential emotional support. Don't wait for a crisis to call. **08000 562 561** Call us. We'll listen.

School and FE leaders service

Our fully funded professional supervision gives leaders a safe and confidential space to talk about, and process challenges they face at work.

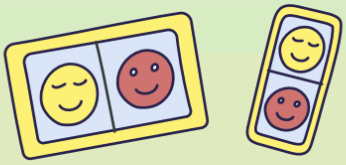


Employee Assistance Programme

Get emotional and practical support to help you and your colleagues to thrive at work.

Resources

Discover articles, videos and guides to keep you informed and inspired.



Webinars

Our regular webinars provide practical advice and tips on the issues that matter to you.

Grants

Get help to manage short-term money worries. Our friendly grants team are here to support you.

Visit our website or scan the QR code to find out more

educationsupport.org.uk/help

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